

**Briarwood Community Association
Spring 2010 Recreation Programming
Registration Night Sunday, March 7, 2010
7:00-8:30 p.m.**

**All Classes at the Briarwood Recreation Center (602 Briarwood Road) unless otherwise noted.
Late registrations for programs will be taken until the first scheduled class.**

Adult & Teen Programs

Spring Outdoor Boot camp (15 spots) Instructor: Jen

Teen/Adult 7:00-8:00 pm Mon & Wed May 10 - June 16 (12 classes) \$50
Are you ready to get up and at it! Then this high energy cardio class is for you! It will get your blood pumping and help whip you into shape.

Children's Programs

Rocketry with the Saskatoon Rocketry Society

8-9 years with parent 6:30-8:30 pm Thursday tentative April 15th-May 6th (4 classes) \$40
10+years without parent

Have you ever wondered what is required to build and fly a model rocket? There are a lot of kits and launch systems, and even 'ready to fly' kits available. But without a bit of extra information (and help!) the project can become frustrating and will often times get set aside and forgotten about. The Saskatoon Rocketry 'Introduction to hobby rocketry' class is a great answer to this problem! During four sessions, our club members will demonstrate and explain: building techniques, construction do's and don'ts, rocket flight theory and necessary calculations and on the final evening we will meet to fly the rockets at our club launch field. Everything needed for the classes will be supplied (though each student is expected to decal/paint their rocket at home) we'll even supply the engine for the launch on the final day! Please feel free to take a look at our website and other links at <http://saros.sasktelwebhosting.com/>. We look forward to seeing you at our class! Launch date to be announced and will be held at the Saskatoon Rocketry Society's launch site.

Spring Outdoor Blastball Instructor: Are you interested in teaching? Call Diane at 477-0614.

4-5 years 45 minute class weekly May-June TBA
Blastball teaches T-Ball skills, hitting, running, throwing and fielding with an exciting twist. The batter hits the ball and runs to the blast base (only base used) which "honks" when stepped on. The batter tries to reach the blast base before a defensive player either catches the Blast Ball in the air or fields the ball and yells "Blast". The defensive player throws the ball to an adult positioned safely away from the tee. Gloves/mitts/helmets are not needed because of the softness and size of the ball and the ball is not being pitched or thrown to make the out. Everyone takes turns batting and fielding. Let's play ball!

Spring Outdoor Tennis- (8 spots) Instructor: Are you interested in teaching? Call Diane at 477-0614.

7-9 years 45 minute class weekly May-June TBA

Come out and try tennis! Using bigger racquets and balls, the fundamentals of the sport will be taught through activities, drills and game play. Program resources and leader instruction are provided by Tennis Canada